



Output 2 – MenACE training curricula

Competencies Framework

Module	Contents
Module I “Essentials of Prison Health”	<p>Aim of the module:</p> <ul style="list-style-type: none"> - Presenting prison health issues <p>Cpt 1 - Introduction: “Prison health is public health”¹</p> <p>Learning objectives:</p> <ul style="list-style-type: none"> - Be aware of the extent, rates and trends of imprisonment worldwide; - Be familiar with the vulnerabilities of the prison population and its health implications; - Recognise why prisons are unhealthy environments; - Understand why prisons present a challenge to public health. <p>Topics:</p> <ul style="list-style-type: none"> - Why prison health is part of public health - The legal cornerstones of prison health - The challenges of addressing prisoners’ health needs - The burden of communicable and non-communicable diseases in prison - The issues of inmates’ mental health - Dental health in prisons - Drug use and drug services in prison - The specific health needs of vulnerable groups in prison - Women’s health and the prison environment - The older prisoner population and its complex medical care <p>Teaching techniques:</p> <div style="display: flex; align-items: center; gap: 10px;">   </div>

¹ In United Nations Office on Drugs and Crime and World Health Organization, 2013. Good governance for prison health in the 21st century: A policy brief on the organization of prison health. Available at http://www.euro.who.int/_data/assets/pdf_file/0017/231506/Good-governance-for-prison-health-in-the-21st-century.pdf?ua=1

References:

- International Centre for Prison Studies (2015). *World Prison Population List (eleventh edition)*. London: International Centre for Prison Studies.
- Aebi, M., Tiago, M., & Burkhardt, C. (2016). *SPACE I – Council of Europe Annual Penal Statistics: Prison populations. Survey 2015*. Strasbourg: Council of Europe.
- Penal Reform International (2017). *Global Prison Trends 2017*. London: Penal Reform International.
- United Nations Commission on Crime Prevention and Criminal Justice (2017). *Note by the Secretariat on world crime trends and emerging issues and responses in the field of crime prevention and criminal justice*, 29 March 2016 (E/CN.15/2016/10).
- Møller, L., Stöver, H., Jürgens, R., Gatherer, A., & Nikogosian, H. (2007). *Health in prisons. A WHO guide to the essentials in prison health*. Copenhagen: WHO Regional Office for Europe.
- United Nations Office on Drugs and Crime (2013). *Policy brief. HIV prevention, treatment and care in prisons and other closed settings: a comprehensive package of interventions*. Vienna: United Nations Office on Drugs and Crime.
- World Health Organization (2013). *Good governance for prison health in the 21st century. A policy brief on the organization of prison health*. Copenhagen: WHO Regional Office for Europe.
- Fazel, S., & Baillargeon, J. (2010). The health of prisoners. *Lancet*, 377(9769), 956–965.
- Enggist, S., Møller, L., Galea, G., & Udesen, C. (2014). *Prisons and Health*. Copenhagen: World Health Organization.
- WHO Regional Office for Europe (2003). *Declaration on Prison Health as a Part of Public Health*. Copenhagen, WHO Regional Office for Europe 2003 (http://www.euro.who.int/Document/HIPP/moscow_declaration_eng04.pdf, accessed 15 September 2006).

Cpt. 2 - Principles and Standards in prison health

Learning objectives:

- Acknowledge the key principles of prison health conduct;
- Understand inmates' rights and their role as patients among the prison system;
- Understand the organisational concept of prison as a health care provider.

Topics:

- Key principles
- Inmates' rights to health care practices
- The prisoner as a patient
- The organisation of prison health care
- Standardised prison health care duties

Teaching techniques:



References:

- Coyle, A. (2014). Standards in prison health: the prisoner as a patient. In Enggist, SM.; Møller, L.; Galea, G.; Udesen, C. (2014). *Prisons and Health*. Copenhagen: World Health Organisation.
- UN General Assembly, *International Covenant on Economic, Social and Cultural Rights*, 16 December 1966, United Nations, Treaty Series, vol. 993, p. 3. Available at: <http://www.refworld.org/docid/3ae6b36c0.html> [accessed 24 January 2018].
- World Health Organisation (2013). *Good governance for prison health in the 21st century: A policy brief on the organisation of prison health*. Copenhagen: World Health Organisation.
- United Nations Committee on Economic, Social and Cultural Rights, *General Comment No. 14: The Right to the Highest Attainable Standard of Health (Art. 12 of the Covenant)*, 11 August 2000, E/C.12/2000/4, available at: <http://www.refworld.org/docid/4538838d0.html> [accessed 23 February 2018].
- United Nations (1982). *Principles of Medical Ethics relevant to the Role of Health Personnel, particularly Physicians, in the Protection of Prisoners and Detainees against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment*. Adopted by General Assembly resolution 37/194 of 18 December 1982.
- World Health Organisation (2007). *Health in prisons: A WHO guide to the essentials in prison health*. Copenhagen: World Health Organisation.
- World Health Organisation Regional Office for Europe (2003). *Declaration on Prison Health as a Part of Public Health*. Copenhagen, WHO Regional Office for Europe, 2003, available at: http://www.euro.who.int/Document/HIPP/moscow_declaration_eng04.pdf [accessed 24 February 2018].
- World Health Organisation (2013). *Good governance for prison health in the 21st century: A policy brief on the organisation of prison health*. Copenhagen: World Health Organisation.
- Council of Europe: Committee of Ministers, *Recommendation Rec(2006)2 of the Committee of Ministers to Member States on the European Prison Rules*, 11 January 2006, Rec(2006)2, available at: <http://www.refworld.org/docid/43f3134810.html> [accessed 24 February 2018].
- European Committee for the Prevention of Torture and Inhuman or Degrading Treatment or Punishment (CPT) CPT standards. CPT/Inf/E (2002)1-Rev. 2009, available at: <http://www.cpt.coe.int/en/documents/eng-standards.pdf> [accessed 22 February 2018].
- Council of Europe, *Recommendation R (98)7 of the Committee of Ministers to Member States concerning the ethical and organisational aspects of health care in prison*, 8 April 1998, R (1998)7, available at: <https://rm.coe.int/16804fb13c> [accessed 24 February 2018].

Cpt. 3 - Communicable diseases

Learning objectives:

- Acknowledge the most relevant factors in prison infection control and disease transmission prevention;
- Comprehend which factors mainly contribute to the risk of amplification, transmission and dissemination of infectious diseases;
- Understand that every actor in a prison environment, especially prison staff, plays an important role in detecting and preventing the transmission of communicable diseases.

Topics:

- Burden of disease and transmission factors in prison
- Bloodborne diseases (e.g., HIV; HBV; HCV)
- Tuberculosis
- Sexually transmitted infections
- Skin conditions
- Infectious diseases of the digestive tract

Teaching techniques:



References:

- Hammett, T., Harmon, P., & Rhodes, W. (2002). The burden of infectious disease among inmates and releasees from correctional facilities. In NCCHC (Ed.) *The health status of soon-to-be-released inmates: A report to congress* (pp. 13-28). Chicago: National Commission on Correctional Health Care.
- Marshall, T., Simpson, S., & Stevens, A. (2000). *Health care in prisons. Health care in prisons: A health care needs assessment*. Birmingham: The University of Birmingham Press.
- Health Protection Agency (2011). *Prevention of infection and communicable disease control in prisons and places of detention: A manual for healthcare workers*. London: Department of Health.
- Bick, J. (2007). Infection control in jails and prisons. *Clinical Infectious Diseases*, 45(8), 1047-1055.
- World Health Organization (2007). *Health in prisons: A WHO guide to the essentials in prison health*. Copenhagen: World Health Organization.
- Jürgens, R., Nowak, M., & Day, M. (2011). HIV and incarceration: Prisons and detention. *Journal of the International AIDS Society*, 14(26), 1-17.
- Reindollar, R. (1999). Hepatitis C and the correctional population. *American Journal of Medicine*, 107(6), 100-103.
- Simooya, O., Sanjobo, N., Kaetano, L., Sijumbila, G., Munjonze, F., Tailoka, F., & Musonda, R.. (2001). Behind walls: A study of HIV risk behaviours and seroprevalence in prisons in Zambia. *AIDS*, 15(13), 1741-1744.
- Dolan, J., Kite, B., Black, E., Aceijas, C., & Stimson, G.(2007). HIV in prison in low-income and middle-income countries. *Lancet Infect Dis*, 7(1), 32-41.
- World Health Organization (2014). *Prisons and health*. Geneva: World Health Organization.
- Delgado, M., & Delgado D. (2009). *Health and health care in the nation's prisons: Issues, challenges, and policies*. Plymouth: Rowman & Littlefield Publishers.
- World Health Organization (2007). *Interventions to address HIV in prisons: Needle and syringe programmes and decontamination strategies*. Geneva: World Health Organization.
- World Health Organization (2007). *Effectiveness of interventions to address HIV in prisons*. Geneva: World Health Organization.
- Bone, A., Aerts, A., Grzemska, M., Kimerling, M., Kluge, H., Levy, M., Portaels, F., Raviglione, M., & Varaine, F. (2000). *Tuberculosis control in prisons: A manual for programme managers*. Geneva: World Health Organization.

- Dara, M., Grzemska, M., Kimerling, M., Reyes, H., & Zagorskiy, A. (2009). *Guidelines for control of tuberculosis in prisons*. Washington, DC: The Global Health Bureau, Office of Health, Infectious Disease and Nutrition (HIDN), US Agency for International Development.
- Reyes, H., & Coninx, R. (1997). Pitfalls of tuberculosis programmes in prisons. *British Medical Journal*, 315(7120), 1447-1450
- Baussano, I., Williams, B., Nunn, P., Beggiato, M., Fedeli, U., & Scano, F. (2010) Tuberculosis Incidence in Prisons: A Systematic Review. *PLoS Medicine*, 7(12), 1-10.
- Health Protection Agency (2011). *Prevention of infection and communicable disease control in prisons and places of detention: A manual for healthcare workers*. London: Department of Health.
- World Health Organization (2007). *Health in prisons: A WHO guide to the essentials in prison health*. Copenhagen: World Health Organization.

Cpt. 4 -Non-communicable diseases / NCD

Learning objectives:

- Acknowledge the most common NCDs and the relevant risk factors that enhance their likelihood;
- Understand the challenges that prison systems face to provide appropriate prevention strategies;
- Understand the importance of adequate treatment and care standards in the prison context.

Topics:

- Burden of disease and risk factors for NCDs in inmates
- Challenges in providing appropriate prevention
- Implementing appropriate care and treatment standards

Teaching techniques:



References:

- World Health Organization (2014). *Prisons and health*. Geneva: World Health Organization.
- Daar, A., Singer, P., Persad, D., Pramming, S., Matthews, D., et al. (2007). Grand challenges in chronic non-communicable diseases. *Nature*, 450(7169), 494-496.
- Ezzati, M., Lopez, A., Rodgers, A., Vander-Hoorn, S., & Murray, C. (2002). Selected major risk factors and global and regional burden of disease. *Lancet*, 360(9343), 1347-1360.
- Murray, C., & Lopez, A. (1997). Mortality by cause for eight regions of the world: Global burden of disease study. *Lancet*, 349(9061), 1269-1276.
- Math, S., Murthy, P., Parthasarathy, R., Kumar, C., & Madhusudhan, S. (2011). Prison and Health. In: S. Math, P. Murthy, R. Parthasarathy, C. Kumar, & S. Madhusudhan

(Eds.), *Minds imprisoned: Mental health care in prisons* (pp. 3 – 22). Bengalore: National Institute of Mental Health and Neuro Sciences.

Cpt 5 – Mental health

Learning objectives:

- Understand the size and scope of mental health problems within prisons;
- Be aware of the prevalence of poor mental health and illness in prisons;
- Be conscious of the impact of imprisonment on mental health;
- Acknowledge the preventive guidelines that outline mental healthcare provision in prisons.

Topics:

- Concepts and terminology / what is mental illness? The three groups of mental disorders (neuroses, psychoses, and personality disorders)
- Prevalence of poor mental health among inmates
- The impact of imprisonment on mental health
- Prevention guidelines and the promotion of mental health in prisons

Teaching techniques:



References:

- Parekh, R. (2015). *What is mental illness?*. Accessed 13 July 2018. Retrieved from <https://www.psychiatry.org/patients-families/what-is-mental-illness>.
- World Health Organization (2013). *Comprehensive mental health action plan 2013-2020*. The 66th World Health Assembly (Agenda item 13.3, WHA 66.8). Accessed 13 July 2018. Retrieved from http://apps.who.int/gb/ebwha/pdf_files/WHA66/A66_R8-en.pdf.
- Blaauw, E., & van Marle, H. (2007). Mental health in prisons. In L. Møller, H. Stöver, R. Jürgens, A. Gatherer, & H. Nikogosian (Eds.). *Health in prisons: A WHO guide to the essentials in prison health* (pp. 133-145). Copenhagen: World Health Organization.
- Penal Reform International (2018). *Mental health in prison: A short guide for prison staff*. London: Penal Reform International.
- Rooted in Rights (2015, August 19). *Inmates with mental illness tell their stories | AVID Jail Project* [Video file]. Retrieved from <https://youtu.be/Hjfu2VR62tY>.
- VICE News (2015, April 7). *Institutionalized: Mental health behind bars* [Video file]. Retrieved from <https://youtu.be/-fQ50a-m92Y>.
- Fazel, S., & Danesh, J. (2002). Serious mental disorder in 23 000 prisoners: A systematic review of 62 surveys. *The Lancet*, 359(9306), 545–550.
- Durcan, G., & Zwemstra, J. (2014). Mental health in prison. In S. Enggist, L. Møller, G. Galea, & C. Udesen (Eds.), *Prisons and health* (pp. 87–95). Copenhagen: World Health Organization.

- Moreira, N., & Gonçalves, R. (2010). Perturbação mental e ideação suicida entre reclusos preventivos. *Análise Psicológica*, 28(1), 133–148.
- World Health Organization (2005). *Mental health and prisons*. Retrieved from http://www.who.int/mental_health/policy/mh_in_prison.pdf.
- Huey, M., & McNulty, T. (2005). Institutional conditions and prison suicide: Conditional effects of deprivation and overcrowding. *The Prison Journal*, 85(4), 490–514.
- Wooldredge, J., Griffin, T., & Pratt, T. (2001). Considering hierarchical models for research on inmate behavior: Predicting misconduct with multilevel data. *Justice Quarterly*, 18(1), 203–231.
- Durcan, G., & Zwemstra, J. (2014). Mental health in prison. In S. Enggist, L. Møller, G. Galea, & C. Udesen (Eds.), *Prisons and health* (pp. 87–95). Copenhagen: World Health Organization.
- Blaauw, E., & van Marle, H. (2007). Mental health in prisons. In L. Møller, H. Stöver, R. Jürgens, A. Gatherer, & H. Nikogosian (Eds.). *Health in prisons: A WHO guide to the essentials in prison health* (pp. 133-145). Copenhagen: World Health Organization.

Cpt 6 – Oral health

Learning objectives:

- Understand the impact of general health on oral health and its negative outcomes;
- Acknowledge the importance of oral health promotion in prison.

Topics:

- General impact of general health on oral health
- Oral health challenges
- Oral health promotion

Teaching techniques:



References:

- World Health Organization (2014). *Prisons and health*. Geneva: World Health Organization.
- McGrath, C. (2002). Oral health behind bars: A study of oral disease and its impact on the quality of an older prison population. *Gerodontology*, 19(2), 109-114.
- World Health Organization (2007). *Health in prisons: A WHO guide to the essentials in prison health*. Copenhagen: World Health Organization.
- Harvey, S., Anderson, B., Cantore, S., King, E., & Malik, F. (2005). *Reforming prison dental services in England: A guide to good practice*. London: Department of Health.

Cpt 7 – Drug use and drug services in prison

Learning objectives:

- Be aware of the prevalence of drug use in prisons;
- Understand the risks associated with inmates' drug use;
- Recognise the different types of measures implemented in this context and their objectives.

Topics:

- Prevalence of drug use and related risks
- Prevention, treatment, harm reduction and aftercare

Teaching techniques:



References:

- Stöver, H. (2007, January). *Prevention of the spread of HIV/AIDS, Hepatitis C, other blood-borne infections and diseases – A Public Health Perspective*. Paper presented at the Council of the European Union, Horizontal Drugs Group Conference, Brussels.
- Feucht, T., & Keyser, A. (1999). Reducing drug use in prisons: Pennsylvania's approach. *National Institute of Justice Journal*, 241, 10-15.*c) Boys, A., Farrell, M., Bebbington, P., Brugha, T., Coid, J., Jenkins, R., ... Taylor, C. (2002). Drug use and initiation in prison: Results from a national prison survey in England and Wales
- Jürgens, R., Nowak, M., & Days, M. (2011). HIV and incarceration: Prisons and detention. *Journal of the International AIDS Society*, 19, 14-26.
- Fazel, S., Bains, P., & Doll, H. (2006). Substance abuse and dependence in prisoners: A systematic review. *Addiction*, 101(2), 181-191.
- Co-operation Group to Combat Drug Abuse and Illicit trafficking in Drugs (2013). *Mental Health and Addiction in Prisons*. Written contributions to the International Conference on Mental Health and Addiction in Prisons, 27-28 February 2013, Bucharest. Retrieved from <https://rm.coe.int/16806f4083>.
- Azbel, L., Wickersham, J., Wegman, M., Polonsky, M., Suleymanov, M., Ismaylov, R., Altice, F. (2015). Burden of substance use disorders, mental illness, and correlates of infectious diseases among soon-to-be released prisoners in Azerbaijan. *Drug Alcohol Dependence*, 151, 68-75.
- Mitchell, O., Wilson, D., & MacKenzie, D. (2012). *The effectiveness of incarceration-based drug treatment on criminal behaviour: A systematic review*. Oslo: The Campbell Collaboration.
- Stöver, H., Weilandt, C., Zurhold, H., Hartwig, C., & Thane K. (2008). *Final report of prevention, treatment, and harm reduction services in prison, on reintegration services on release from prison and methods to monitor/analyse drug use among prisoners* (Report No. SANCO/2006/C4/02). Retrieved from European Commission website: http://ec.europa.eu/health/ph_determinants/life_style/drug/documents/drug_fr_ep1.pdf

- Kolind, T., & Duke, K. (2016). Drugs in prisons: Exploring use, control, treatment and policy. *Drugs: Education, Prevention and Policy*, 23(2), 89-92.
- Stöver, H., & Kastelic, A. (2014). Drug treatment and harm reduction in prisons. In S. Enggist, L. Moller, G. Galea, & C. Udesen (Eds.). *Prisons and Health* (pp. 113-133). Copenhagen: WHO Regional Office for Europe.
- Zurhold, H., Haasen, C., & H. Stöver (2005). *Female Drug Users in European Prisons. A European study of prison policies, prison drug services and the women's perspectives*. Oldenburg: Bibliotheksund Informationssystem der Carl von Ossietzky Universität.

Cpt 8 – Prisoners with special needs

Learning objectives:

- Identify the different groups of inmates with special needs;
- Be aware of the special needs associated to each vulnerable group of inmates.

Topics:

- Prisoners with physical disabilities
- Ethnic minorities and indigenous peoples
- Foreign prisoners
- Lesbian, gay, bisexual and transgender prisoners

Teaching techniques:



References:

- Gatherer, A., Atabay, T., & Hariga, F. (2014). Prisoners with special needs. In S. Enggist, L. Moller, G. Galea, & C. Udesen (Eds.). *Prisons and Health* (pp. 151-158). Copenhagen: WHO Regional Office for Europe.
- United Nations Office on Drugs and Crime (2009). *Handbook on prisoners with special needs*. New York: United Nations.
- van Kalmthout, A., van der Meulen, H., & Dünkel, F. (2013). *Foreigners in European Prisons*. Eindhoven: Wolf Legal Publishers.

Cpt 9 – Women’s health in prison

Learning objectives:

- Understand that women have specific health care needs related to their gender;
- Be especially attentive to the needs of pregnant women and women with children.

Topics:

- Facts and figures
- Gender-specific health care
- Pregnant women in prison
- Children living with their mothers in prison

Teaching techniques:



References:

- Walmsley, R. (2017). *World female imprisonment list: Women and girls in penal institutions, including pre-trial detainees/remand prisoners* (2nd Ed.). London: Institute for Criminal Policy Research (ICPR).
- Prison Reform Trust (2017). *Bromley briefings prison factfile: Autumn 2017*. London: Prison Reform Trust.
- United Nations Office on Drugs and Crime [UNODC] (2014). *Handbook on women and imprisonment* (2nd Ed.). Vienna: United Nations Office.
- World Health Organisation [WHO] (2009). *Women's health in prison: Correcting gender inequity in prison health*. Copenhagen: WHO Regional Office for Europe.
- Penal Reform International [PRI] (2013). *UN Bangkok Rules on women offenders and prisoners: Short guide*. London: Penal Reform International.
- TIJ Just Right Channel (2016, November 24). *The Bangkok Rules* [Video file] Retrieved from https://youtu.be/oOw4elu_XM8.
- TIJ Just Right Channel (2018, January 25). *The Bangkok Rules and the best practice from Chiang Mai women's correctional institution, Thailand* [Video file]. Retrieved from <https://youtu.be/YcaUQgGeTC0>.

Cpt 10 – The older prisoner

Learning objectives:

- Understand the urgency of addressing older inmates' issues;
- Recognise the challenges faced by prison systems when dealing with this age group;
- Be aware of the difficulties faced by older prisoners in adjusting to prison daily life;
- Recognise the importance of palliative care in prisons;
- Acknowledge the difficulties and challenges faced by older prisoners on reintegrating into society.

Topics:

- The size and scope of the problem
- Challenges for corrections



- Ageing and re-entry into the community

Teaching techniques:



References:

- Baidawi, S. (2016). Older prisoners: Psychological distress and associations with mental health history, cognitive functioning, socio-demographic, and criminal justice factors. *International Psychogeriatrics*, 28(3), 385-395.
- Fellner, J (2012). 'Old behind bars: The aging prison population in the United States', Human Rights Watch, 27 January 2012. Accessed 14 June 2018. Retrieved from <http://www.hrw.org/reports/2012/01/27/old-behind-bars>.
- Williams, B, Ahalt, C., & Greifinger, R. (2014). The older prisoner and complex chronic medical care. In S. Enggist, L. Moller, G. Galea, & C. Udesen. *Prisons and health* (pp. 165-170). Copenhagen: WHO Regional Office for Europe.
- American Civil Liberties Union [ACLU]. (2012). *At America's expense: The mass incarceration of the elderly*. New York: ACLU.
- Porporino, F. (2014). *Managing the elderly in corrections*. Paper presented at the 2014 International Community Corrections Association Annual Conference, Cleveland, OH.
- Chiu, T. (2010). *It's about time: Aging prisoners, increasing costs, and geriatric Release*. New York, NY: Vera Institute of Justice.
- Aday, R., & Krabill, J. (2012). Older and geriatric offenders: Critical issues for the 21st century. In L. Gideon (Ed.), *Special needs offenders in correctional institutions* (pp. 203–232). Thousand Oaks, CA: Sage Publications.
- Porporino, F. (2014). *Managing the Elderly in Corrections*. Paper presented at the 2014 International Community Corrections Association Annual Conference, Cleveland, OH.
- Sullivan, C. (2017). No country for old men: An economic analysis of incarcerating the elderly. *Elements*, 13(1), 81-89.
- American Civil Liberties Union [ACLU] (2012). *At America's expense: The mass incarceration of the elderly*. New York: ACLU.
- Maschi, T., Viola, D., Harrison, M., Harrison, W., Koskinen, L., & Bellusa, S. (2014). Bridging community and prison for older adults: Invoking human rights and elder and intergenerational family justice. *International Journal of Prisoner Health*, 10(1), 55-73.
- Turner, M., & Peacock, M. (2016). Improving palliative care for prisoners: The 'both sides of the fence' study. *Prison Service Journal*, 224, 1-8.
- Maschi, T., Marmo, S., & Han, J. (2014). Palliative and end-of-life care in prisons: A content analysis of the literature. *International Journal of Prisoner Health*, 10(3), 172-197.

<p>Module II</p> <p>“Mental health in prison”</p>	<p>Aim of the module:</p> <ul style="list-style-type: none"> - Presenting specificities related to mental health in prison <p>Cpt 1 - Introduction: Concepts and Terminology</p> <p>Learning objectives:</p> <ul style="list-style-type: none"> - Further understand what mental illness is, by exploring the groups of mental disorders; - Grasp the reasons for the prevalence of poor mental health and illness in prisons, and the impact of imprisonment on mental health. <p>Topics:</p> <ul style="list-style-type: none"> - Concepts and terminology / what is mental illness? The three groups of mental disorders (neuroses, psychoses, and personality disorders) - Prevalence of poor mental health and illness in prisons - The impact of imprisonment on mental health <p>Teaching techniques:</p> <div style="display: flex; align-items: center; gap: 10px;">   </div> <p>References:</p> <ul style="list-style-type: none"> - United Nations Office on Drugs and Crime. (2009). <i>Handbook on Prisoners with Special Needs</i>. UNODC Vienna: Criminal Justice Handbook Series. Retrieved from https://www.unodc.org/pdf/criminal_justice/Handbook_on_Prisoners_with_Special_Needs.pdf - American Psychiatric Association. (2013). <i>Diagnostic and statistical manual of mental disorders</i>. (5th ed.). Washington, DC: American Psychiatric Association. - World Health Organization. (2004). <i>Promoting mental health: concepts, emerging evidence, practice</i>. Summary Report. Geneva: World Health Organization. Retrieved from http://www.who.int/mental_health/evidence/en/promoting_mhh.pdf - Department of Health. <i>Mental Health Awareness Training Course</i>. Ministry of Justice. Retrieved from http://studyres.com/doc/2474059/mental-health-awareness-training-course# - American Psychiatric Association. (2013). <i>Diagnostic and statistical manual of mental disorders</i> (5th ed.). Washington, DC: American Psychiatric Association. - World Health Organization. (2007). <i>Health in Prisons: A WHO Guide to the Essentials in Prison Health</i>. Copenhagen: World Health Organization. - World Health Organization and International Committee of the Red Cross. (2005). <i>Mental Health and Prisons</i>. Information sheet. Retrieved from http://www.who.int/mental_health/policy/mh_in_prison.pdf - Penal Reform International. (2018). <i>Mental Health in Prison: A short guide for prison staff</i>. Retrieved from https://www.penalreform.org/wp-content/uploads/2018/05/PRI_Short_guide_to_mental_health_support_in_prisons_WEB.pdf
---	---

- World Health Organization. (2007). *Health in Prisons: A WHO Guide to the Essentials in Prison Health*. Copenhagen: World Health Organization.

Cpt 2 – Special needs and challenges

Learning Objectives:

- Understand approaches to mental illness under the lenses of access to justice and equality as human rights;
- Grasp the specificities within the prison environment that can trigger or worsen mental illnesses;
- Principles and main responsibilities of prison staff as regards providing health care for mentally ill patients;
- Learn about international principles to tackle discrimination and stigmatisation of inmates living with mental illness;
- Have an overview of staff roles and institutional strategies for the prevention of suicide and self-harm;
- Understand the needs related with the preparation for release and post-release support.

Topics:

- Access to justice
- Prison environment
- Health care
- Discrimination and stigmatisation
- Safety and security risks
- Suicide and self-harm
- Preparation for release and post-release support

Teaching Techniques:



References:

- United Nations Office on Drugs and Crime. (2009). *Handbook on Prisoners with Special Needs*. UNODC Vienna: Criminal Justice Handbook Series. Retrieved from https://www.unodc.org/pdf/criminal_justice/Handbook_on_Prisoners_with_Special_Needs.pdf
- Penal Reform International. (2018). *Mental Health in Prison: A short guide for prison staff*. Retrieved from https://www.penalreform.org/wp-content/uploads/2018/05/PRI_Short_guide_to_mental_health_support_in_prisons_WEB.pdf

- Santora, L., Espnes, G. & Lillefjell, M. (2014). Health Promotion in Prison Settings. In *International Journal of Prisoner Health*, Vol 10, Issue 1 (pp. 27-37)
- World Health Organization and International Committee of the Red Cross. (2005). *Mental Health and Prisons*. Information sheet. Retrieved from http://www.who.int/mental_health/policy/mh_in_prison.pdf
- Penal Reform International. (2018). *Mental Health in Prison: A short guide for prison staff*. Retrieved from https://www.penalreform.org/wp-content/uploads/2018/05/PRI_Short_guide_to_mental_health_support_in_prisons_WEB.pdf
- United Nations Office on Drugs and Crime. (2009). *Handbook on Prisoners with Special Needs*. UNODC Vienna: Criminal Justice Handbook Series. Retrieved from https://www.unodc.org/pdf/criminal_justice/Handbook_on_Prisoners_with_Special_Needs.pdf
- Penal Reform International. (2018). *Mental Health in Prison: A short guide for prison staff*. Retrieved from https://www.penalreform.org/wp-content/uploads/2018/05/PRI_Short_guide_to_mental_health_support_in_prisons_WEB.pdf
- World Health Organization and International Committee of the Red Cross. (2005). *Mental Health and Prisons*. Information sheet. Retrieved from http://www.who.int/mental_health/policy/mh_in_prison.pdf
- United Nations Office on Drugs and Crime. (2009). *Handbook on Prisoners with Special Needs*. UNODC Vienna: Criminal Justice Handbook Series. Retrieved from https://www.unodc.org/pdf/criminal_justice/Handbook_on_Prisoners_with_Special_Needs.pdf
- World Health Organization and International Committee of the Red Cross. (2005). *Mental Health and Prisons*. Information sheet. Retrieved from http://www.who.int/mental_health/policy/mh_in_prison.pdf
- Fazel, S. et al. (2016). The mental health of prisoners: a review of prevalence, adverse outcomes and interventions. In *Lancet Psychiatry*, Vol. 3, Issue 9. (Pp. 871-881).
- Penal Reform International. (2018). *Mental Health in Prison: A short guide for prison staff*. Retrieved from https://www.penalreform.org/wp-content/uploads/2018/05/PRI_Short_guide_to_mental_health_support_in_prisons_WEB.pdf
- United Nations Office on Drugs and Crime. (2009). *Handbook on Prisoners with Special Needs*. UNODC Vienna: Criminal Justice Handbook Series. Retrieved from https://www.unodc.org/pdf/criminal_justice/Handbook_on_Prisoners_with_Special_Needs.pdf
- United Nations Office on Drugs and Crime. (2009). *Handbook on Prisoners with Special Needs*. UNODC Vienna: Criminal Justice Handbook Series. Retrieved from https://www.unodc.org/pdf/criminal_justice/Handbook_on_Prisoners_with_Special_Needs.pdf

Cpt 3 – Supporting mental health and well-being in prisons

Learning objectives:

- Learn about levels of care for inmates with mental illnesses;
- Understand the issues related with access to clinical and non-clinical healthcare services;
- Understand the importance of mental health promotion for inmates, their families and prison staff.

Topics:

- Levels of care
- Access to clinical healthcare services
- Access to non-clinical healthcare services
- Mental health promotion for prisoners and their families
- Mental health promotion for staff

Teaching Techniques:



References:

- World Health Organization. (2004). *Promoting mental health: concepts, emerging evidence, practice*. Summary Report. Geneva: World Health Organization. Retrieved from http://www.who.int/mental_health/evidence/en/promoting_mhh.pdf
- [World Health Organization. \(2007\). *Health in Prisons: A WHO Guide to the Essentials in Prison Health*. Copenhagen: World Health Organization.](#)
- Her Majesty's Prison & Probation Service. (2017). *Mental Health in Prisons*. NHS England and Public Health England: Report by the Comptroller and Auditor General.
- Enggist, S., Moller, L., Galea, G., & Udesen, C. (2014). *Prisons and health*. Copenhagen: WHO Regional Office for Europe.
- [Penal Reform International. \(2018\). *Mental Health in Prison: A short guide for prison staff*. Retrieved from \[https://www.penalreform.org/wp-content/uploads/2018/05/PRI_Short_guide_to_mental_health_support_in_prisons_WEB.pdf\]\(https://www.penalreform.org/wp-content/uploads/2018/05/PRI_Short_guide_to_mental_health_support_in_prisons_WEB.pdf\)](#)

Cpt 4 – Suicide and self-harm prevention

Learning objectives:

- Learn about risk factors of suicide and self-harm;
- Further your understanding on how to recognize warning signs and symptoms;
- Have access to examples of prevention best practices (e.g. screening procedures);
- Further your understanding on the importance of peer support programmes and contact with families, friends and the outside community.

Topics:

- Risk factors of suicide and self-harm
- Recognizing warning signs and symptoms

- Best practices regarding suicide and self-harm prevention
- Intake screening
- Post-screening observation
- Management following screening
- Peer support programmes
- Contact with families, friends and the outside community

Teaching techniques:



References:

- Fazel, S. et al. (2010). *Prison Suicide in 12 Countries. An ecological study of 861 suicides during 2003-2007*. Kriminalvårdens Reprocentral.
- World Health Organization and International Association for Suicide Prevention. (2007). *Preventing Suicide in Jails and Prisons*. Geneva: WHO Department of Mental Health and Substance Abuse.
- Konrad et al. (2017). Preventing Suicide in Prisons, Part I. In *Crisis*, Vol. 28, Issue 3. (Pp 113–121).
- [Penal Reform International. \(2018\). *Mental Health in Prison: A short guide for prison staff*. Retrieved from \[https://www.penalreform.org/wp-content/uploads/2018/05/PRI_Short_guide_to_mental_health_support_in_prisons_WEB.pdf\]\(https://www.penalreform.org/wp-content/uploads/2018/05/PRI_Short_guide_to_mental_health_support_in_prisons_WEB.pdf\)](https://www.penalreform.org/wp-content/uploads/2018/05/PRI_Short_guide_to_mental_health_support_in_prisons_WEB.pdf)
- United Nations Office on Drugs and Crime. (2009). *Handbook on Prisoners with Special Needs*. UNODC Vienna: Criminal Justice Handbook Series. Retrieved from https://www.unodc.org/pdf/criminal_justice/Handbook_on_Prisoners_with_Special_Needs.pdf
- The Howard League for Penal Reform. (2016). *Preventing prison suicide: Perspectives from the inside*. Centre for Mental Health. Retrieved from <https://howardleague.org/wp-content/uploads/2016/05/Preventing-prison-suicide.pdf>
- [World Health Organization. \(2007\). *Health in Prisons: A WHO Guide to the Essentials in Prison Health*. Copenhagen: World Health Organization.](http://www.who.int/publications/m/item/health-in-prisons-a-who-guide-to-the-essentials-in-prison-health)

Cpt 5 - Mental health needs of young offenders

Learning objectives:

- Learn about facts and figures, as well as specific needs of young offenders on mental health;
- Further your understanding about the emotional wellbeing of children and young people;
- Learn about liaison and diversion services for young offenders with mental health needs.

Topics:

- Facts and figures

- Specific mental health needs
- The emotional wellbeing of children and young people
- Diversion and liaison

Teaching techniques:



References:

- Penal Reform International. (2018). *Mental Health in Prison: A short guide for prison staff*. Retrieved from https://www.penalreform.org/wp-content/uploads/2018/05/PRI_Short_guide_to_mental_health_support_in_prisons_WEB.pdf
- Underwood, L.& Washington, A. (2016). Mental Illness and Juvenile Offenders. In *International Journal of Environmental Research and Public Health*, Volume 13, Issue 2. Retrieved from <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4772248/>
- Harrington & al. (2005). *Mental Health Needs and Effectiveness of Provision for Young Offenders in Custody and in the Community*. Youth Justice Board for England and Wales.
- Penner, E., Roesch, R. & Viljoen, J. (2011). Young Offenders in Custody: An International Comparison of Mental Health Services. In *International Journal of Forensic Mental Health*, Vol. 10. (Pp. 2015-232).
- Finola Farrant. (2001). *Troubled Inside: Responding to the Mental Health Needs of Children and Young People in Prison*. London: Prison Reform Trust.
- Brady, S. & Murphy, G. *Liaison & Diversion Services*. SAFER IDD Booklet. Retrieved from https://www.kent.ac.uk/tizard/sotsec/CJSbooklets/L%20and%20D%20booklet_SAFER%20IDD.pdf
- Haines et al. (2012). *Evaluation of the Youth Justice Liaison and Diversion (YJLD) Pilot Scheme*. Final Report. University of Liverpool. Retrieved from http://www.antonioacasella.eu/archipsy/Haines_diversion_2012.pdf

Cpt 6 – Mental health needs of women in prison

Learning objective:

- Learn about particular principles, facts and figures related with women in prison;
- Understand women’s specific mental health care needs.

Topics:

- Facts and figures
- Specific mental health needs

Teaching techniques:



References:

- Walmsley, R. (2017). *World female imprisonment list: Women and girls in penal institutions, including pre-trial detainees/remand prisoners* (2nd Ed.). London: Institute for Criminal Policy Research (ICPR).
- National Commission on Correctional Health Care [NCCHC] (2014). 'Women's health care in correctional settings'. Accessed 6 July, 2018. Retrieved from <https://www.ncchc.org/womens-health-care>.
- United Nations Office on Drugs and Crime. *Handbook on Women and Imprisonment*. UNODC New York: Criminal Justice Handbook Series (2nd Ed.).

Cpt 7 – Identifying mental health problems in prisons: signs and procedures

Learning objectives:



- Identify common signs of mental health problems among prisoners;
- Recognise the main mental health conditions in prison and their associated symptoms;
- Learn about risk factors/red flags that can exacerbate mental health issues;
- Acknowledge the importance of initial screening and assessment on prisoners' arrival;
- Recognise the relevance of referral procedures and multidisciplinary teamwork;
- Understand communication as an effective procedure to identify mental health problems.

Topics:

- Common signs of mental health problems and main mental health conditions in prison
- Risk factors/ red flags
- Referral procedures and multidisciplinary teamwork
- Positive communication

Teaching techniques:



	<p>References:</p> <ul style="list-style-type: none"> - Department of Health. <i>Mental Health Awareness Training Course</i>. Delegates Information Booklet. Ministry of Justice. Retrieved from https://pdfs.semanticscholar.org/presentation/c3b8/63d85f549a87ceca9c073ce7c7a897a1d93f.pdf - Gonzales et al. (2007). <i>Research for Practice: Mental Health Screens for Corrections</i>. Washington: US Department of Justice, Office of Justice Programs. - Co-operation Group to Combat Drug Abuse and Illicit Trafficking in Drugs. (2013). <i>Mental Health and Addiction in Prisons</i>. Bucharest: Written contributions to the International Conference on Mental Health and Addiction in Prisons, 27-28 February 2013. Retrieved from https://rm.coe.int/16806f4083 <p>Cpt 8 – Ensuring continuity of care</p> <p>Learning objectives:</p> <ul style="list-style-type: none"> - Learn about particular aspects of ensuring continuity of the providence of mental health care between prisons, and between prisons and the community. <p>Topics:</p> <ul style="list-style-type: none"> - Continuity between prisons - Continuity between prison and the community <p>Teaching techniques:</p> <div style="display: flex; align-items: center; gap: 10px;">   </div> <p>References:</p> <ul style="list-style-type: none"> - United Nations Office on Drugs and Crime. (2009). <i>Handbook on Prisoners with Special Needs</i>. UNODC Vienna: Criminal Justice Handbook Series. Retrieved from https://www.unodc.org/pdf/criminal_justice/Handbook_on_Prisoners_with_Special_Needs.pdf - Her Majesty’s Prison & Probation Service. (2017). <i>Mental Health in Prisons</i>. NHS England and Public Health England: Report by the Comptroller and Auditor General. - Penal Reform International. (2018). <i>Mental Health in Prison: A short guide for prison staff</i>. Retrieved from https://www.penalreform.org/wp-content/uploads/2018/05/PRI_Short_guide_to_mental_health_support_in_prisons_WEB.pdf
<p>Module III</p> <p>“Geriatrics in prison”</p>	<p>Aim of the module:</p> <ul style="list-style-type: none"> - Presenting specificities related to geriatrics in prison <p>In this Module the trainees will learn about the following subjects:</p> <ul style="list-style-type: none"> - Relevant facts and figures on older demographics in prisons; - Human rights considerations on older inmates’ entitlement for palliative care;

- Models of care for older prisoners;
- Special needs and challenges while serving the sentence;
- Considerations on management of an aging population in prison;
- Good practice on working with older prisoners;
- Procedures in answering and assessing age-related health issues in prisons;
- Methods on how to ensure the continuity of care between prison and the community.

Cpt 1 – Holistic care for the older prisoner

Learning objectives:

- Understand key concepts related with geriatric care in prisons;
- Correlate facts and figures on the extent of old population in prisons with the phenomenon of the general population ageing;
- Be aware of the recurrent health issues among elderly inmates and the costs of their incarceration;
- Recognise the key human rights concerns related with providing care for elderly inmates.

Topics:

- Concepts and terminology
- A rapidly greying prison population: facts and figures
- Recurrent health issues among elderly inmates
- The high costs of incarcerating the elderly
- Human rights considerations

Teaching techniques:



References:

- Enggist, S., Moller, L., Galea, G., & Udesen, C. (2014). *Prisons and health*. Copenhagen: WHO Regional Office for Europe.
- Williams, B., Ahalt, C., & Greifinger, R. (2014). The older prisoner and complex chronic medical care. In S. Enggist, L. Moller, G. Galea, & C. Udesen (Eds.). *Prisons and health* (pp. 165-170). Copenhagen: WHO Regional Office for Europe.
- Royal College of Physicians (2010). '*Geriatric medicine defined*', British Geriatrics Society, 29 September 2018. Accessed 15 June 2018. Retrieved from <http://www.bgs.org.uk/mnutraîneescurricula-79/about/administration/geriatricsdefined>.

- World Health Organisation (2016). *Planning and implementing palliative care services: A guide for programme managers*. Geneva: World Health Organisation.
- Handtke, V., Bretschneider, W., Wangmo, T., & Elger, B. (2012). Facing the challenges of an increasingly ageing prison population in Switzerland: In search of ethically acceptable solutions. *Bioethica Forum*, 5(4), 134-141.
- Baidawi, S. (2015). Older prisoners: Psychological distress and associations with mental health history, cognitive functioning, socio-demographic, and criminal justice factors. *International Psychogeriatric Association*, 28(3), 385-395.
- American Civil Liberties Union [ACLU] (2012). *At America's expense: The mass incarceration of the elderly*. New York: ACLU.
- McKillop, M., & Boucher, A. (2018). 'Aging prison populations drive up costs: Older individuals have more chronic illnesses and other ailments that necessitate greater spending', 28 February 2018. Accessed 15 June 2018. Retrieved from <http://www.pewtrusts.org/en/research-and-analysis/analysis/2018/02/20/aging-prison-populations-drive-up-costs>.
- Kim, K., & Peterson, B. (2014). *Aging behind bars: Trends and implications of greying prisoners in the Federal Prison System*. Washington, DC: Urban Institute.
- Williams, B., & Abraldes, R. (2007). Growing older: Challenges of prison and re-entry for the aging population. In R. Greifinger (Ed.), *Public health behind bars: From prisons to communities* (pp. 56-72), New York: Springer.
- Roberts, K. (2015). *Aging in prison: Reducing elder incarceration and promoting public safety*, New York: Center for Justice at Columbia University.
- Williams, B., & Abraldes, R. (2007). Growing older: Challenges of prison and re-entry for the aging population. In R. Greifinger (Ed.), *Public health behind bars: From prisons to communities* (pp. 56-72), New York: Springer.
- Sullivan, C. (2017). No country for old men: An economic analysis of incarcerating the elderly. *Elements*, 13(1), 81-89.
- America's Civil Liberties Union [ACLU] (2016). *At America's expense: The mass incarceration of the elderly*. New York: ACLU.
- Maschi, T., Kwak, J., Ko, E., & Morrissey, M. (2012). *Forget me not: Dementia in prison*. *The Gerontologist*, 52(4), 441-451.
- Gatherer, A., Atabay, T., & Hariga, F. (2014). Prisoners with special needs. In S. Enggist, L. Moller, G. Galea, & C. Udesen (Eds.). *Prisons and health* (pp. 151-158). Copenhagen: WHO Regional Office for Europe.
- United Nations (1991). *United Nations Principles for Older Persons: Adopted by General Assembly resolution 46/91 of 16 December 1991*. Retrieved from <https://www.ohchr.org/Documents/ProfessionalInterest/olderpersons.pdf>.
- Handtke, V., Bretschneider, W., Wangmo, T., & Elger, B. (2012). Facing the challenges of an increasingly ageing prison population in Switzerland: In search of ethically acceptable solutions. *Bioethica Forum*, 5(4), 134-141

Cpt 2 – Special needs and challenges

Learning objectives:

- Understand the concept of access to justice and how it interplays with particular vulnerabilities of old prisoners;
- Assess how the special needs and challenges of older prisoners call for adequate responses that will have as added value reducing the burden on prisons (as regards accommodation, health care, inmate programmes, preparation for release, and considerations on early conditional release/compassionate release).

Topics:

- Access to justice
- Assessment
- Accommodation
- Healthcare
- Family links
- Inmate programmes
- Preparation for release and port-release support
- Early conditional release, compassionate release and amnesties

Teaching techniques:



References:

- Grunseit, A., Forell, S., & McCarron, E. (2008). *Taking justice into custody: the legal needs of prisoners*. Sydney: Law and Justice Foundation of New South Wales.
- Rogan, M. (2014, May 3). *The Rule of Law and Access to Justice in Prisons*. Paper presented at The Rule of Law and Access to Justice in Prisons, Burren Law School. Dublin: Dublin Institute of Technology.
- United Nations Office on Drugs and Crime (2009). *Handbook on Prisoners with special needs*. New York: United Nations.
- Human Rights Watch (2012). *Old Behind Bars: The Aging Population in the United States*. Washington, DC: Human Rights Watch.
- Cooney, F., & Braggins, J. (2010). *Doing time: Good practice with older people in prison - the views of prison staff*. London: Prison Reform Trust.
- Greifinger, R. (2007). *Public Health Behind Bars: From Prisons to Communities*. New York: Deputy Editors.
- Yeager, D. (2012). Older Inmates Adjust to Live Outside Prison. *Social Work Today*, 12 (1). Retrieved from: <http://www.socialworktoday.com/archive/012312p28.shtml>
- Clinks (2013). *Working with older offenders: A resource for voluntary, community and social enterprise organisations*. London: Clinks.

Cpt 3 – Identifying age-related health issues in prison: signs and procedures

Learning objectives:

- Be aware of the importance of understanding geriatric syndromes in the prison context, while having access to tips on how to screen some of them;
- Identify common illnesses among older inmates, while understanding the best responses to each scenario;

- Further understand the particularities of substance abuse in prison, in particular the profile of older prisoners that adopt such behaviours.

Topics:

- Geriatric syndromes
- Common illnesses among older inmates
- Long-term abuse of substances

Teaching techniques:



References:

- Enggist, S., Moller, L., Galea, G., & Udesen, C. (2014). *Prisons and health*. Copenhagen: WHO Regional Office for Europe.
- Bedard, R., Metzger, L., & Williams, B. (2016). Ageing prisoners: An introduction to geriatric health-care challenges in correctional facilities. *International Review of the Red Cross*, 98(903), 917-939.
- United Nations Office on Drugs and Crime (2009). *Handbook on Prisoners with special needs*. New York: United Nations.
- Williams, B., Ahalt, C. & Greifinger, R. (2014). The older prisoner and complex chronic medical care. In S. Enggist, L. Moller, G. Galea & C. Udesen. *Prisons and Health*. World Health Organisation - Regional Office for Europe. Retrieved from http://www.euro.who.int/_data/assets/pdf_file/0007/249208/Prisons-and-Health,-19-The-older-prisoner-and-complex-chronic-medical-care.pdf?ua=1
- NACRO (2009). *A Resource pack for working with older prisoners*. London: Department of Health.
- Fazel, S., Yoon, I. A., & Hayes, A. J. (2017). Substance use disorders in prisoners: an updated systematic review and meta-regression analysis in recently incarcerated men and women. *Addiction*, 112(10), 1725-1739. <https://onlinelibrary.wiley.com/doi/pdf/10.1111/add.13877>
- Arndt, S, Turvey, C., & Flaum, M. (2002). Older Offenders, Substance Abuse and Treatment. *American Journal of Geriatric Psychiatry*, 10(6), 733-739.
- United Nations Office on Drugs and Crime (2008). *Drug Dependence Treatment: Interventions for Drug Users in Prison*. Retrieved from https://www.unodc.org/docs/treatment/111_PRISON.pdf
- National Council on Alcoholism and Drug Dependence, Inc. (2015, June 26). Alcohol, Drug Dependence and Seniors. Retrieved from <https://www.ncadd.org/about-addiction/seniors/alcohol-drug-dependence-and-seniors>

Cpt 4 – Working with older prisoners: Good practice

Learning objectives:

- Have access to good examples on age-friendly reception and induction procedures;

- Learn about the advantages and benefits of implementing older prisoner forums and the provision of day centres;
- Learn tips on how to develop an older prisoner policy.

Topics:

- Age-friendly reception and induction
- Older prisoner forums
- Older inmates' programmes
- Working with older prisoners: good practice

Teaching techniques:



References:

- Eadie, T., Grainge, P., Jackson, J., Safe, K., & Wilkes, J. (2017). *Good Practice Guide: Working with older prisoners*. Bournemouth: RECOOP.
- RECOOP: About Us. Retrieved from <http://recoop.org.uk/pages/home/index.php>
- Le Mesurier, N. (2011). *Older people in prison: A monitoring guide for IMBs*. London: Age UK.
- United Nations Office on Drugs and Crime. (2009). *Handbook on Prisoners with special needs*. New York: United Nations.
- Maschi, T., Viola, D., Harrison, M., Harrison, W., Koskinen, L., & Bellusa, S. (2014). Bridging community and prison for older adults: invoking human rights and elder and intergenerational family justice. *International journal of prisoner health*, 10(1), 55-73

Cpt 5 – Ensuring continuity of care

Learning objectives:

- Understand the specific needs of older people as regards ensuring continuity of care between prisons and between prisons and the community.

Topics:

- Continuity between prisons
- Continuity between prison and the community

Teaching techniques:



	<p>References:</p> <ul style="list-style-type: none"> - World Health Organization Europe (2003). <i>Declaration on Prison Health as Part of Public Health</i>. Copenhagen: WHO Regional Office for Europe. - International Committee of the Red Cross (2018). <i>Ageing and Detention</i>. Geneva, Switzerland: ICRC. - Senior, J., Forsyth, K., Walsh, E., O'Hara, K., Stevenson, C., Hayes, A., ... Shaw, J. (2013). Health and social care services for older male adults in prison: the identification of current service provision and piloting of an assessment and care planning model. <i>Health Services and Delivery Research</i>, 1(5). - Kouyoumdjian, F., Wiwcharuk, J., & Green, S. (2015). Optimizing continuity of care throughout incarceration: Case and opportunities. <i>Canadian Family Physician</i>, 61(2), 107-109. - Enggist, S., Moller, L., Galea, G., & Udesen, C. (2014). <i>Prisons and health</i>. Copenhagen: WHO Regional Office for Europe. - Center for Justice at Columbia University (2015). <i>Ageing in Prison: Reducing Elder Incarceration and Promoting Public Safety</i>. Retrieved from http://centerforjustice.columbia.edu/files/2015/10/AgeingInPrison_FINAL_web.pdf
<p>Module IV</p> <p>“Palliative Care in Prison”</p>	<p>Aim of the module:</p> <ul style="list-style-type: none"> - Presenting specificities related to palliative care in prison <p>Cpt 1 - Palliative care: Introduction</p> <p>Learning objectives:</p> <ul style="list-style-type: none"> - Understand the concepts of palliative care, hospice care and “total pain”; - Learn about facts and figures of palliative and end-of-life care in prisons; - Identify the needs of chronically and terminally ill prisoners; - Understand the obstacles and barriers encountered in prisons to the provision of palliative and hospice care; - Understand the different prison palliative care services and care models; - Identify key components to the successful implementation and sustainability of end-of-life services in prison. <p>Topics:</p> <ul style="list-style-type: none"> - Concepts and terminology - Facts and figures - Needs and obstacles - Palliative and hospice care services and care models in prison <p>Teaching techniques:</p> <ul style="list-style-type: none"> - Presentation - Exercises

- Brainstorming
- Questions

References:

- Radbruch, L., & Payne, S. (2009). White Paper on standards and norms for hospice and palliative care in Europe: part 1. *European Journal of Palliative Care*, 16(6).
- World Health Organization. (2016). *Planning and implementing palliative care services: A guide for programme managers*.
- Williams, B., Ahalt, C., & Greifinger, R. (2014). The older prisoner and complex chronic medical care. In S. Enggist, L. Møller, G. Galea, & C. Udesen (Eds.), *Prisons and health* (pp. 165-170). Copenhagen: WHO Regional Office for Europe.
- McAteer, R., & Wellbery, C. (2013). Palliative Care: Benefits, Barriers, and Best Practices. *American Family Physician*, 88(12), 811-813A.
- Mehta, A., & Chan, L. S. (2008). Understanding of the Concept of "Total Pain". *Journal of Hospice and Palliative Nursing*, 10(1), 26-32.
- UT Health Science Center at Tyler (2016, June 29). *Palliative Care vs. Hospice: How Are They Different?* - Dr. Amy Newton [Video file]. Retrieved from <https://www.youtube.com/watch?v=BmTmS7yGRPs>.
- NCCHC (2013, December 18). *Palliative & End of Life Care in Prisons* [Video file]. Retrieved from <https://www.youtube.com/watch?v=rdflZ1ubIPc>.
- Hariga, F. (2014). HIV and other bloodborne viruses in prison. In S. Enggist, L. Møller, G. Galea, & C. Udesen (Eds.), *Prisons and health* (pp. 45). Copenhagen: WHO Regional Office for Europe.
- Cloyes, K. G., Rosenkranz, S. J., Supiano, K. P., Berry, P. H., Routt, M., Llanque, S. M., & Shannon-Dorcy, K. (2017). Caring to learn, learning to care: Inmate Hospice Volunteers and the Delivery of Prison End-of-Life Care. *Journal of Correctional Health Care*, 23(1), 43-55.
- Binswanger, I. A., Krueger, P. M., & Steiner, J. F. (2009). Prevalence of chronic medical conditions among jail and prison inmates in the USA compared with the general population. *Journal of Epidemiology & Community Health*, 63, 912-919.
- Fazel, S., Hope, T., O'Donnell, I., Piper, M., & Jacoby, R. (2001). Health of elderly male prisoners: worse than the general population, worse than younger prisoners. *Age and Ageing*, 30(5), 403-407. doi:10.1093/ageing/30.5.403.
- Prisons and Probation Ombudsman (2012). *Learning from PPO investigations: Natural cause deaths in prison custody*. London: Prisons and Probation Ombudsman.
- Noonan, M. E. (2016). Mortality In State Prisons, 2001-2014 - Statistical Tables. *Bureau of Justice Statistics* (NCJ 250150). Retrieved from <https://www.bjs.gov/index.cfm?ty=pbdetail&iid=5866>.
- Loeb, S. J., Penrod, J., Hollenbeak, C. S., & Smith, C. A. (2011). End-of-Life Care and Barriers for Female Inmates. *Journal of Obstetric, Gynecologic & Neonatal Nursing*, 40(4), 477-485. doi:10.1111/j.1552-6909.2011.01260.x
- Turner, M., & Peacock, M. (2016). Improving palliative care for prisoners: the 'both sides of the fence' study. *Prison Service Journal*, 244, 42-47.
- Fletcher, A. J., Payne, S., & Waterman, D. (2013). Palliative and end of life care in prisons in England and Wales: do inequalities exist? A survey of healthcare managers. *BMJ Supportive & Palliative Care*, 125(3).
- Maschi, T., Marmo, S., & Han, J. (2014). Palliative and end-of-life care in prisons: a content analysis of the literature. *International Journal of Prisoner Health*, 10(3), 172-197. doi:10.1108/ijph-05-2013-0024.
- Turner, M., & Peacock, M. (2017). Palliative Care in UK Prisons. *Journal of Correctional Health Care*, 23(1), 56-65. doi:10.1177/1078345816684847.
- Stone, K., Papadopoulos, I., & Kelly, D. (2011). Establishing hospice care for prison populations: An integrative review assessing the UK and USA

perspective. *Palliative Medicine*, 26(8), 969-978.
doi:10.1177/0269216311424219.

- Yampolskaya, S., & Winston, N. (2003). Hospice care in prison: General principles and outcomes. *American Journal of Hospice and Palliative Care*, 20(4), 290-296. doi:10.1177/104990910302000411.
- Pazart, L., Godard-Marceau, A., Chassagne, A., Vivot-Pugin, A., Cretin, E., Amzallag, E., & Aubry, R. (2018). Prevalence and characteristics of prisoners requiring end-of-life care: A prospective national survey. *Palliative Medicine*, 32(1), 6-16. doi:10.1177/0269216317721816.
- Open Society Foundations. (2011, September 8). *Angola Prison Hospice: Opening the Door*. [Video file]. Retrieved from <https://www.youtube.com/watch?v=mMLjANwBRDk>.
- Reveal. (2012, August 23). *Dying in Prison*. [Video file]. Retrieved from <https://www.youtube.com/watch?v=SUQJXMdZHQ>.

Cpt 2 – Communication and teamwork

Learning objectives:

- Acknowledge some basic concepts related with communication and their relevance when communicating with prisoners in need of palliative care;
- Learn the importance of active listening;
- Identify who can be involved in an interdisciplinary team in palliative care and their roles;
- Discuss the barriers and strategies to communicate with prisoners in need of palliative care and their families, and among team members;
- Identify the different stages and strategies of conflict resolution.

Topics:

- Basic communication concepts
- Interdisciplinary team in palliative care and their roles
- Communication with patients/ families and between care team members
- Conflict management

Teaching techniques:

- Presentation
- Exercises
- Brainstorming
- Questions

References:

- Maschi, T., Marmo, S., & Han, J. (2014). Palliative and end-of-life care in prisons: a content analysis of the literature. *International Journal of Prisoner Health*, 10(3), 172-197. doi:10.1108/ijph-05-2013-0024.

- Van Vliet, L. M., Lindenberger, E., & Van Weert, J. C. (2015). Communication with Older, Seriously Ill Patients. *Clinics in Geriatric Medicine*, 31(2), 219-230. doi:10.1016/j.cger.2015.01.007.
- Lunenburg, F. C. (2010). Communication: The Process, Barriers, And Improving Effectiveness. *Schooling*, 1(1), 1-11.
- Mehrabian, A. (2007). *Nonverbal Communication*. New Brunswick, NJ: Aldine Transaction.
- Mulder, P. (2012). *Communication Model by Albert Mehrabian*. Retrieved from <https://www.toolshero.com/communication-skills/communication-model-mehrabian/>.
- Skills You Need. (2011). *Barriers to Effective Communication*. Retrieved from <http://www.skillsyouneed.com/ips/barriers-communication.html>.
- Kohn, A. (2014). *Brain Science: The Forgetting Curve - the Dirty Secret of Corporate Training*. Retrieved from <https://www.learningsolutionsmag.com/articles/1379/brain-science-the-forgetting-curve-the-dirty-secret-of-corporate-training>.
- RM Videos (2018, January 4). *Babies hugging babies – 980694*. [Video file]. Retrieved from <https://www.youtube.com/watch?v=YMmzcWhUmQ>.
- MindToolsVideos (2015, June 12). *Improve Your Listening Skills with Active Listening*. [Video file]. Retrieved from <https://www.youtube.com/watch?v=t2z9mdX1j4A>.
- United Nations Office on Drugs and Crime (2009). *Handbook on prisoners with special needs*. (pp. 123-154). New York: United Nations.
- Cloyes, K. G., Rosenkranz, S. J., Supiano, K. P., Berry, P. H., Routt, M., Llanque, S. M., & Shannon-Dorcy, K. (2017). Caring to learn, learning to care: Inmate Hospice Volunteers and the Delivery of Prison End-of-Life Care. *Journal of Correctional Health Care*, 23(1), 43-55.
- Stone, K., Papadopoulos, I., & Kelly, D. (2011). Establishing hospice care for prison populations: An integrative review assessing the UK and USA perspective. *Palliative Medicine*, 26(8), 969-978. doi:10.1177/0269216311424219.
- Pipas, M. D., & Jaradat, M. (2010). Assertive Communication Skills. *Annales Universitatis Apulensis Series Oeconomica*, 12(2), 649-656.
- Durcan, G., & Zwemstra, J. C. (2014). Mental health in prison. In S. Enggist, L. Møller, G. Galea, & C. Udesen (Eds.), *Prisons and health* (pp. 87-94). Copenhagen: WHO Regional Office for Europe.
- Kübler-Ross, E. (1969). *On death and dying*. New York, NY: Macmillan Publishing.
- Katz, N., & McNulty, K. (1994). *Conflict Resolution*.
- Brahm, E. (2003). Hurting Stalemate Stage. *Beyond Intractability*. Eds. Guy Burgess and Heidi Burgess. Conflict Information Consortium, University of Colorado, Boulder. Retrieved from <http://www.beyondintractability.org/essay/stalemate>.
- Thomas, K. W., & Kilmann, R. H. (1974). Thomas-Kilmann Conflict Mode Instrument. *PsycTESTS Dataset*. doi:10.1037/t02326-000.
- TEDx Talks (2018, December 11). *Listen: Changing the Prison Communication Model | Martin Heumann | TEDxMahtomedi*. [Video file]. Retrieved from <https://www.youtube.com/watch?v=8Fo58AmSXgQ>.

Cpt 3 – Patients’ needs

Learning objectives:

- Understand the different domains of pain experienced by prisoners in need of palliative care;

- Understand how to measure patients' independence in performing activities of daily living (ADL) through the 10 Barthel ADL index indicators;
- Identify the three most commonly used pain rating scales to screen pain symptoms and intensity;
- Learn about tips and strategies on how to manage and monitor three common pain symptoms;
- Recognise tools and practical advice which contributes to prisoners' quality of life.

Topics:

- Different domains of pain
- Patients' independence in performing activities of daily living
- Pain rating scales
- Strategies to manage and monitor pain common symptoms
- Prisoners' quality of life

Teaching techniques:

- Presentation
- Exercises
- Brainstorming
- Questions

References:

- Mehta, A., & Chan, L. S. (2008). Understanding of the Concept of "Total Pain". *Journal of Hospice and Palliative Nursing*, 10(1), 26-32.
- World Health Organisation (2004). *Palliative Care: symptom management and end-of-life care. Integrated management of adolescent and adult illness*. Interim guidelines for first-level facility health workers.
- Mahoney, F., & Barthel, D. (1965). Functional evaluation: The Barthel Index. *Maryland State Medical Journal*, 14, 56-61.
- Williamson, A., & Hoggart, B. (2005). Pain: a review of three commonly used pain rating scales. *Journal of Clinical Nursing*, 14(7), 798-804. doi:10.1111/j.1365-2702.2005.01121.x.
- Brunelli, C., Zecca, E., Martini, C., Campa, T., Fagnoni, E., Bagnasco, M., & Caraceni, A. (2010). Comparison of numerical and verbal rating scales to measure pain exacerbations in patients with chronic cancer pain. *Health and Quality of Life Outcomes*, 8(1), 42. doi:10.1186/1477-7525-8-42
- Tsze, D. S., von Baeyer, C. L., Pahalyants, V., & Dayan P. S. (2018). Validity and Reliability of the Verbal Numerical Rating Scale for Children Aged 4 to 17 Years With Acute Pain. *Annals of Emergency Medicine*, 71(6), 691-702.
- Cloyes, K. G., Rosenkranz, S. J., Supiano, K. P., Berry, P. H., Routt, M., Llanque, S. M., & Shannon-Dorcy, K. (2017). Caring to learn, learning to care: Inmate Hospice Volunteers and the Delivery of Prison End-of-Life Care. *Journal of Correctional Health Care*, 23(1), 43-55.
- Chest Heart & Stroke Scotland (2016). *How to manage your breathlessness if you have a long-term chest condition*. Edinburgh

- NHS Scotland (2017). *Mouth Care*. Scottish Palliative Care Guidelines – Mouth Care.
- World Health Organisation (2004). *Palliative Care: symptom management and end-of-life care. Integrated management of adolescent and adult illness*. Interim guidelines for first-level facility health workers.
- Cooper, K. L. (2013). Evidence-Based Prevention of Pressure Ulcers in the Intensive Care Unit. *Critical Care Nurse*, 33(6), 57-66. doi:10.4037/ccn2013985
- Cancer Research UK (2012, April 18). *Breathing control for breathlessness - Cancer Research UK* [Video file]. Retrieved from <https://www.youtube.com/watch?v=YmBanu2UHKk>.
- Rehealthify (2015, September 19). *Dry Mouth - Causes, Symptoms, Treatments & More...* [Video file]. Retrieved from https://www.youtube.com/watch?v=lQIQe_n3IbQ.

Cpt 4 – First aid in Palliative Care

Learning objectives:

- Recognize the main emergencies in palliative care (PC);
- Define the main emergencies in PC;
- Reflect on PC emergency management.

Topics:

- Emergencies' identification
- Care interventions: mouth care, skin care, interventions' algorithms
- Reporting algorithm

Teaching techniques:

- Presentation
- Exercises
- Questions
- Real life past experience

References:

- Twycross R, Wilcock A. Symptom management in advanced cancer (third edition). Radcliffe Publishing, Abingdon, 2001.
- Maryjo Osowsk. Spinal Cord Compression: An Obstructive Oncologic Emergency. Topics in Advanced Practice Nursing eJournal. 2002;2(4).
- R. Sohior and G. Sheppard. Hypercalcemia of Malignancy: An Emergency Medicine Simulation. Cureus. 2017 Nov; 9(11): e1847. Published online 2017 Nov 15
- G. Tradounsky. Seizures in palliative care. Can Fam Physician. 2013 Sep; 59(9): 951-955.
- Grewal J, Grewal HK, Forman AD. Seizures and epilepsy in cancer: etiologies, evaluation and management. Curr Oncol Rep. 2008;10(1):63–71.
- Lawlor PG, Gagnon B, Mancini IL et al (2000) Occurrence, causes, and outcome of delirium in patients with advanced cancer: a prospective study. Arch Intern Med 160(6):786–794.
- Bush SH1, Bruera E. The assessment and management of delirium in cancer patients Oncologist. 2009 Oct;14(10):1039-49.

- Centeno C, Sanz A, Bruera E. Delirium in advanced cancer patients. *Palliat Med* 2004;18:184-194

Cpt 5 – Terminal Stage

Learning objectives:

- List the signs of terminal stage;
- List the needed interventions at a patient with terminal stage.

Topics:

- Recognition of terminal stage
- Needs identification
- Interventions (DNR)

Teaching techniques:

- Presentation
- Exercises

References:

- Hui, David, et al. "Concepts and definitions for “actively dying,” “end of life,” “terminally ill,” “terminal care,” and “transition of care”: a systematic review." *Journal of pain and symptom management* 47.1 (2014): 77-89.
- The Hospice Foundation of America: The Dying Process: A Guide for Caregivers. https://hospicefoundation.org/hfa/media/Files/Hospice_TheDyingProcess_Docutech-READERSPREADS.pdf.
- Twycross R. Symptom management in advanced cancer, second edition. Oxford: Radcliffe Medical Press, 1997:114
- Freeman FR: Delirium and organic psychosis. In: *Organic Mental Disease*. SP Medical and Scientific Books, Jamaica, NY. 1981, 81-94
- The Route to Success in End-of-Life Care - Achieving Quality in Prisons and for Prisoners [National End of Life Care Programme](#), 2011

Cpt 6 – Ensuring continuity of care

Learning objectives:



- List the monitoring levels;
- Determine the patient’s monitoring level.

Topics:

- Continuity between prisons
- Continuity between prison and the community

Teaching techniques:

- Presentation

	<p>References:</p> <ul style="list-style-type: none"> - D.Mosoiu et al. Continuous Monitoring. Clinical Protocols for Palliative Care, 2011; 12-14.
<p>Module V</p> <p>“Staff health and well-being in prisons”</p>	<p>Aim of the module:</p> <ul style="list-style-type: none"> - Deepen the understanding of the risk factors among prison employees; - Mitigation strategies to balance the stressful working environment in prison; - Staff support methods, such as recognising burnout and coping mechanisms, safe environment and security measures. <p>Cpt 1 - Introduction</p> <p>Learning objectives:</p> <ul style="list-style-type: none"> - Better understand the interplay between prison environment and staff. <p>Topics:</p> <ul style="list-style-type: none"> - Staff and prison environment <p>Teaching techniques:</p> <div style="display: flex; align-items: center; gap: 10px;">   </div> <p>References:</p> <ul style="list-style-type: none"> - Aebi, M., Tiago, M., Berger-Kolopp, L., & Burkhardt, C. (2017). SPACE I – Council of Europe Annual Penal Statistics: Prison populations. Survey 2016. Strasbourg: Council of Europe. - United Nations Office on Drugs and Crime [UNODC] (2015). UNODC Statistics. Accessed 11 July 2018. Retrieved from https://data.unodc.org/. - Smit, D., & Snacken, S. (2009). Principles on European prison law and policy: Penology and human rights. Oxford: Oxford University Press. - Molleman, T., & Leeuw, F. (2012). The influence of prison staff on inmate conditions: A multilevel approach to staff and inmate surveys. European Journal on Criminal Policy and Research, 18(2), 217-233. - Bennett, J., Crewe, B., & Wahidin, A. (2008). Understanding Prison Staff. Devon: Wilan Publishing. - Penal Reform International (2018). Global Prison Trends 2018. London: Penal Reform International. - Akbari, J., Akbari, R., Shakerian, M., & Mahaki, B. (2017). Job demand-control and job stress at work: A cross-sectional study among prison staff. Journal of Education and Health Promotion, 6, 15. http://doi.org/10.4103/jehp.jehp_68_14 - Bennett, J., Crewe, B., & Wahidin, A. (2008). Understanding Prison Staff. Devon: Wilan Publishing.

- Penal Reform International (2016). *Global Prison Trends 2016*. London: Penal Reform International.
- Turner, M. & Peacock, M. (2017). Palliative Care in UK Prisons: Practical and Emotional Challenges for Staff and Fellow Prisoners. *Journal of Correctional Health Care*, 23(1), 56-65.
- Keinan, G., & Malach-Pines, A. (2007). Stress and burnout among prison personnel: Sources, outcomes, and intervention strategies. *Criminal Justice and Behavior*, 34(3), 380-398.

Cpt 2 – The stressful workplace

Learning objective:

- Further understand the risk factors and stressors that condition the work of prison employees;
- Reflect on the best methods of coping with such context.

Topics:

- Risk factors and stress among prison employees
- Health risk factors for prison staff

Teaching techniques:



References:

- World Health Organization (2006). *Constitution of the World Health Organization*. Retrieved from http://www.who.int/governance/eb/who_constitution_en.pdf
- Finney, C., Stergiopoulos, E., Hensel, J., Bonato, S., & Dewa, C. (2013). Organizational stressors associated with job stress and burnout in correctional officers: A systematic review. *BMC Public Health*, 13(82). doi: 10.1186/1471-2458-13-82.
- Holman, D., Johnson, S., & O'Connor, E. (2018). Stress management interventions: Improving subjective psychological well-being in the workplace. *Handbook of well-being*. Salt Lake City, UT: DEF Publishers.
- Coyle, A., & Fair, H. (2018). *A Human Rights Approach to Prison Management: Handbook for Prison Staff*. London: Institute for Criminal Policy Research.
- Lambert, E., Minor, K., Wells, J., & Hogan, N. (2016). Social support's relationship to correctional staff job stress, job involvement, job satisfaction, and organizational commitment. *The Social Science Journal*, 53(1), 22-32.
- Enggist, S., Moller, L., Galea, G., & Udesen, C. (2014). *Prisons and health*. Copenhagen: WHO Regional Office for Europe.
- CBC News: The National (2015, July 28). *Prison guards and PTSD: High rates with little attention* [Video file]. Retrieved from <https://youtu.be/y3sggkw-X3Y>
- Armstrong, G., Atkin-Plunk, C., & Wells, J. (2015). The Relationship Between Work-Family Conflict, Correctional Officer Job Stress, and Job Satisfaction. *Criminal Justice and Behaviour*, 42(10), 1-17. DOI: 10.1177/0093854815582221
- Carleton, R., Afifi, T., Taillieu, T., Turner, S., El-Gabalawy, R., Sareen, J., & Asmundson, G. (2018). Anxiety-related psychopathology and chronic pain comorbidity among public safety personnel. *Journal of Anxiety Disorders*, 55(2018), 48-55. <https://doi.org/10.1016/j.janxdis.2018.03.006>

- Brough, P., & Biggs, A. (2010). Occupational stress in police and prison staff. In J. M. Brown & E. A. Campbell (Eds.), *The Cambridge handbook of forensic psychology* (pp. 707-717). New York, NY, US: Cambridge University Press.

Cpt 3 – Health promotion and awareness

Learning objective:

- Acknowledge the importance and impact of health promotion programmes;
- Understand the necessity of prison staff training on health issues.

Topics:

- Health promotion programmes
- Prison staff training in health

Teaching techniques:



References:

- World Health Organization. (1995, October). Health in prisons. Health promotion in the prison setting. In *Summary report on a WHO meeting, London*. Copenhagen: WHO.
- Enggist, S., Moller, L., Galea, G., & Udesen, C. (2014). *Prisons and health*. Copenhagen: WHO Regional Office for Europe.
- Greifinger, R. (2007). *Public Health Behind Bars: From Prisons to Communities*. New York, USA: Springer Science & Business Media.
- Woodall, J., & Dixey, R. (2017). Advancing the health-promoting prison: a call for global action. *Global health promotion*, 24(1), 58-61.
- Santora, L., Arild Espnes, G., & Lillefjell, M. (2014). Health promotion and prison settings. *International journal of prisoner health*, 10(1), 27-37.
- Fazel, S., Hayes, A. J., Bartellas, K., Clerici, M., & Trestman, R. (2016). The mental health of prisoners: a review of prevalence, adverse outcomes and interventions. *The Lancet. Psychiatry*, 3(9), 871-881. [http://doi.org/10.1016/S2215-0366\(16\)30142-0](http://doi.org/10.1016/S2215-0366(16)30142-0)
- Møller, L., Gatherer, A., Jürgens, R., Stöver, H., & Nikogosian, H. (2007). *Health in prisons: a WHO guide to the essentials in prison health*. Copenhagen: WHO Regional Office Europe.

Cpt 4 – Staff support

Learning objectives:

- Further your understanding about the phenomena of burnout and its coping and management strategies;

- Grasp the prison officer's role and needed skills in creating a safe environment within the prison system;
- Understand different aspects and perspectives of protection, security and care within the prison environment.

Topics:


- Recognition and management of burnout
- Penitentiaries' staff role
- Security measures

Teaching techniques:



References:

- Ojedokun, O., & Idemudia, E. S. (2014). Psycho-socio-emotional well-being of workers in a high-stress occupation: are men and women really so different? *Gender and Behaviour, 12*(3), 5824-5838.
- Schaufeli, W., & Buunk, B. (2017). In W. Schaufeli, C. Maslach & T. Marek (Eds.), *Professional burnout: Recent developments in theory and research* (pp. 311-346). Philadelphia: Routledge.
- Maslach, C., & Jackson, S. E. (1981). The measurement of experienced burnout. *Journal of Occupational Behavior, 2*, 99 -113. doi:10.1002/job .4030020205
- Enggist, S., Moller, L., Galea, G., & Udesen, C. (2014). *Prisons and health*. Copenhagen: WHO Regional Office for Europe.
- Lazarus, R. (1993). Coping Theory and Research. *Psychosomatic Medicine, 55*(3), 234-247.
- Tait, S. (2008). Care and the prison officer: beyond 'turnkeys' and 'care bears'. *Prison Service Journal, 180*, 3-11.
- United Nations Office on Drugs and Crime (2015). *Handbook on Dynamic Security and Prison Intelligence* (Criminal Justice Handbook Series). New York: United Nations Publications.
- Cloyes, K., Rosenkranz, S., Berry, P., Supiano, K., Routt, M., Shannon-Dorcy, K., & Llanque, S. (2016). Essential Elements of an Effective and Sustainable Prison Hospice Program. *American Journal of Hospice and Palliative Medicine, 33*(4), 390-402.
- Penal Reform International (2013). *Balancing security and dignity in prisons: a framework for preventive monitoring*. London: Penal Reform International.
- Lehtmetts, A., & Pont, J. (2014). *Prison health care and medical ethics: A manual for health-care workers and other prison staff with responsibility for prisoners' well-being*. Strasbourg: Council of Europe.
- Hairston, C. (2001). Prisoners and Families: Parenting Issues During Incarceration. *Commissioned paper for the Department of Health and Human Services*. Retrieved July, 26, 2018.
- United Nations Office on Drugs and Crime (2015). *Handbook on Dynamic Security and Prison Intelligence*. New York: United Nations Publications.

<p>Module VI</p> <p>“Dynamic security”</p>	<p>Aim of the module:</p> <ul style="list-style-type: none"> - Present the concept of dynamic security and how this working method can positively impact staff's and prisoners' daily lives <p>Cpt 1 – Introduction: “The essentials of dynamic security”</p> <p>Learning objectives:</p> <ul style="list-style-type: none"> - Understand the concept of dynamic security; - Acknowledge that intelligence is a critical component of a prison system. <p>Topics:</p> <ul style="list-style-type: none"> - The essentials of dynamic security <p>Teaching techniques:</p> <div data-bbox="367 907 566 996" style="text-align: center;">  </div> <p>References:</p> <ul style="list-style-type: none"> - Liebling, A. (2004). Prisons and their moral performance: A study of values, quality and prison life. Oxford: Oxford University Press. - Drake, D. (2008). Staff and order in prisons. In J. Bennett, B. Crewe, & A. Wahidin (Eds.), <i>Understanding prison staff</i> (pp. 153-167). Devon: Willan Publishing. - United Nations Office on Drugs and Crime [UNODC] (2015). <i>Handbook on dynamic security and prison intelligence</i>. New York: United Nations. - Hill, G. (in preparation). <i>Staff training on radicalisation and violent extremist inmates</i>. <p>Cpt 2 – Elements of dynamic security</p> <p>Learning objective:</p> <ul style="list-style-type: none"> - Acknowledge the elements that contribute to an efficient dynamic security approach; - Understand each element's conceptualisation; - Comprehend the connection between these elements and how they relate with each other. <p>Topics:</p> <ul style="list-style-type: none"> - Professional and constructive relationships with prisoners - Interpersonal skills - Staff selection and training - Embedding dynamic security in operational policy
--	---

- Unit management and direct supervision
- Gathering information
- Prevention of staff corruption and manipulation
- Constructive activities for inmates

Teaching techniques:



References:

- United Nations Office on Drugs and Crime [UNODC] (2015). *Handbook on dynamic security and prison intelligence*. New York: United Nations.

Cpt 3 – Intelligence and Dynamic Security

Learning objectives:

- Understand how intelligence and dynamic security are two complementary and intertwined concepts within a prison system.

Topics:

- Security and quality information
- Benefits of effective prison intelligence

Teaching techniques:



References:

- United Nations Office on Drugs and Crime [UNODC] (2015). *Handbook on dynamic security and prison intelligence*. New York: United Nations.
- Palantir (2013, September 25). *Dynamic security: Intelligence in the correctional environment* [Video file]. Retrieved from https://youtu.be/MW_tddfVxp4.

Cpt 4 – Applying dynamic security concepts to healthcare in prisons

Learning objectives:

- Comprehend how healthcare within prisons adopts dynamic security concepts;
- Acknowledge the benefits of such approach as a health promotion strategy.

Topics:

- Dynamic security and healthcare promotion
- Holistic and “whole-prison” approaches
- Health-promoting prisons and dynamic security goals

Teaching techniques:



References:

- Leggett, K., & Hirons, B. (2007). Security and dynamic security in a therapeutic community prison. In M. Parker (Ed.), *Dynamic security: The democratic therapeutic community in prison* (pp. 232-242). London: Jessica Kingsley Publishers.
- Baybutt, M., Acin, E., Hayton, P., & Dooris, M. (2014). Promoting health in prisons: A setting approach. In S. Enggist, L. Møller, G. Galea, & C. Udesen (Eds.), *Prisons and health* (pp. 180-184). Copenhagen: World Health Organization.